



IMPORTANT INFORMATION ABOUT MEALS AT ROLLING RIDGE

YOUR DINING EXPERIENCE

The Culinary Services Department at Rolling Ridge is committed to providing wholesome, nutritious, and homemade meals with each unique group in mind. Our menu items are made from scratch, using high quality ingredients that accommodate a wide variety of palettes. All meals at Rolling Ridge are planned specifically for each group, and provide each guest with a balanced meal at a reasonable cost. As food service is self-serve buffet style, each guest is able to make an informed choice with their personal dietary restrictions in mind.

YOUR RESPONSIBILITY

Please complete and sign the Dietary Registration Form (reverse) and give it to your group's leader at least 14 days in advance of your arrival at Rolling Ridge. *You must fill out this form to communicate your dietary restrictions.* Your leader will submit your entire group's forms to Rolling Ridge and discuss your individual needs with our staff.

SPECIAL MEALS

Specially prepared menu items provide alternatives for our guests with severe dietary restrictions. A surcharge of \$2./lunch and \$3./dinner for specially prepared meals will be applied to your group's bill based on your completed form. There is no surcharge for a standard vegan or vegetarian option. Specially prepared meals are available at the kitchen window when the buffet is served.

OUR FACILITY

Although Rolling Ridge does not have a separate kitchen or dining area for guests with food-allergens, we use every reasonable and sanitary effort to prevent the introduction of allergens during our handling and preparation processes. We cannot however guarantee that allergens have not been introduced during another stage of the food-chain process.

PLEASE NOTE: We are not a gluten-free or kosher facility. We are happy to warm or chill meals that you bring with you in sealed containers. There is also a guest refrigerator and microwave for your use at all times.

Guest Dietary Registration Form

| | |
|--|---|
| name | mobile # |
| group | date(s) of your stay with us: |
| May we contact you, if necessary, for further clarification? yes <input type="checkbox"/> no <input type="checkbox"/> | |
| ALLERGY ALERT! Pursuant to MA State Sanitary Code 105 CMF 590.002(B), please list any foods to which you are allergic. | FOOD INTOLERANCE Please list any foods that cause illness or GI symptoms when ingested. |
| Are you vegetarian? yes <input type="checkbox"/> no <input type="checkbox"/> Do you eat eggs? yes <input type="checkbox"/> no <input type="checkbox"/> | |
| Are you vegan? yes <input type="checkbox"/> no <input type="checkbox"/> | |
| Is your diet restricted for religious reasons? Please specify. | |
| Any other dietary restrictions or preferences that Rolling Ridge should be aware of? | |
|  signature _____ date _____ | |

The Culinary Services Department at Rolling Ridge is committed to providing wholesome, nutritious, and homemade meals designed with the needs of each group in mind. Our meals are prepared from scratch using high quality ingredients. Meals for each group are served buffet style, and each guest may choose their preferred menu items. By providing advanced notice with this form, we can prepare separate and additional menu items for our guests with special requirements. Although we cannot guarantee allergy-free kitchen facilities, we do strive to accommodate the needs of our guests with food allergies. Please note that special meals to accommodate severe dietary restrictions incur an additional charge per meal. Please contact your group leader, or Rolling Ridge directly, for additional information. 978-494-6452.

We look forward to your stay with us!