



Book study discussion

for

Richard Rohr's classic

Falling Upward: A Spirituality for the Two Halves of Life

Sunday, Jan. 20, Jan. 27, Feb. 3 & Feb 24
3pm-4:30pm

Leader: Barbara Bodengraven

Who knew that the life of the Spirit could be so dramatically different at various times of life? Richard Rohr, OFM, founder of The Center for Action & Contemplation in Albuquerque, NM, outlines the developmental tasks and challenges associated both with being young *and* with embracing one's advancing years. The point of both is to uncover the divinity within. Come to this inaugural book study to pray, read, journal about, and discuss the art of spiritual integration across the life span. This program is appropriate for adults of all ages.

"In **Falling Upward**," Richard offers a simple but deeply helpful framework for seeing the whole spiritual life -- one that will help both beginners on the path as they look ahead and long-term pilgrims as they look back over their journey so far."

-- Brian McLaren, author of *a New Kind of Christianity and Naked Spirituality*

Rolling Ridge

Retreat and Conference Center

660 Great Pond Road
North Andover, MA
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978-682-8815

Register on line at:

www.rollingridge.org

There is no cost
for this program.

A free will offering
is appreciated.



Barbara R. Bodengraven holds a Master of Theological Studies from Weston Jesuit School of Theology and a certificate in Youth & Young Adult Ministry from the Boston Theological Institute. She has conducted spiritual writing programs and retreats for youth as well as adults across the country. For more information, email thesacredshed@gmail.com