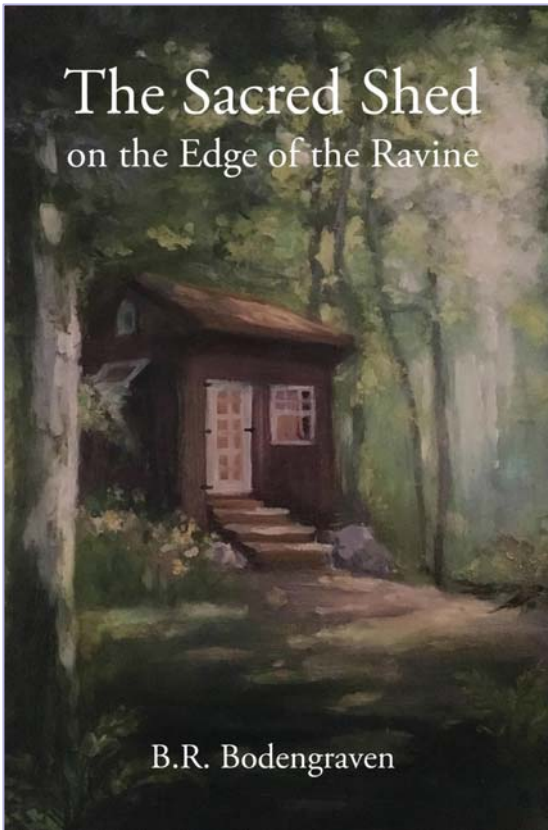


The Sacred Shed
on the Edge of the Ravine



B.R. Bodengraven

Writing as a spiritual practice

Short readings and guided writing prompts based on
B.R. Bodengraven's nature-based spiritual memoir
THE SACRED SHED ON THE EDGE OF THE RAVINE.

Saturday, January 19, 2019
10am-12pm

With Author, Barbara R. Bodengraven

Unearth the treasure that lives inside your true self...

- Do you wish to be more mindful and intentional on a daily basis?
- Are you wondering how to build a framework of faith to help you express what you know to be true?
- Are you so distracted by daily demands that you're unable to hear what your own life can teach you?
- Express what you know and have always known—deep down.
- Access a more expansive view of yourself and others.
- Fine-tune your sacred relationship with the natural world.

Spiritual Writing Practice is for everyone and anyone.

No special talents, abilities, or rules apply.

All you need is your laptop or pen and paper, and the desire to look at life through a fine focus.

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There is no cost
for this program.

A free will offering
is appreciated.



Barbara R. Bodengraven holds a Master of Theological Studies from Weston Jesuit School of Theology and a certificate in Youth & Young Adult Ministry from the Boston Theological Institute. She has conducted spiritual writing programs and retreats for youth as well as adults across the country. For more information, email thesacredshed@gmail.com