

## ADVANCED Training in Missional Spiritual Direction

In a world which emphasizes jobs, money, and accumulation, many persons are also finding that they are seeking something more, something of soul, of spirit.

**Missional Spiritual Direction Training** teaches people to walk alongside and listen to those hidden nudges of God within the heart and soul journey of another.

In a world in which the church is locked within its walls, anxious about losing members and money, there is a growing awareness that ministry needs to look more like following Jesus.

**Missional Spiritual Direction Training** equips people to pay attention to the inner movement of the Spirit and the shifting tectonic plates within the church so to discern missional nudgings and to discover the face of God in people outside church walls.

In response to a changing spiritual landscape, Gateways to God Advanced is a one-year program in Missional Spiritual Direction within community/organizational contexts or training in Missional Spiritual Direction supervision.



### ADVANCED GATEWAYS APPLICATION QUESTIONS

In a brief essay (2-3 pages) please respond to the following questions. Include your name, address, phone number, email, and indicate which track you are applying for, (I or II).

#### TRACK I

1. Describe the faith journey that has led to your interest in missional spiritual direction and this advanced training.
2. Describe the context(s) in which you are drawn to listen to others outside of formal spiritual direction and what is it that draws you to engage with others in this way.
3. Describe your experience of offering spiritual direction, including context, how long you have been offering direction, and approximate number of directees you see.
4. Where and when did you receive your spiritual direction training? Describe the character and identity of the program (its ethos or spirit), and what you personally savored about the program. What is the most important thing you carry with you from the program?
5. What are you hoping to learn or experience through this training in missional spiritual direction?
6. What else would you like us to know about you?

#### TRACK II

1. Please describe the faith journey that has led to your interest in a ministry of supervision and in this advanced training program.
2. Describe your experience of offering spiritual direction, including context, how long you have been offering direction, and approximate number of directees you see.
3. Have you experienced being supervised over the course of offering direction to others? If yes, describe the nature of your supervision experience. If no, what issues/longings would you like to have had the opportunity to discuss with a supervisor?
4. Where and when did you receive your spiritual direction training? Describe the character and identity of the program (its ethos or spirit), and what you personally savored about the program. What was the most important thing you carry with you from the program?
5. Describe in detail what you hope to learn in supervisory training, including specific skills you would like to gain. What questions do you bring?
6. What else would you like us to know about you?

#### Recommendations

Please have letters of recommendations sent to  
Beth Garnaas-Holmes at [GatewaystoGod@rollingridge.org](mailto:GatewaystoGod@rollingridge.org)

**For Laity:** Please supply a recommendation letter from (1) your pastor/religious leader and (2) someone who knows of your readiness, maturity, and interest in spiritual direction.

**For Clergy/Religious:** Please supply two recommendations from those who know of your readiness, maturity, and interest in spiritual direction. One recommendation should be from someone in a church you have served.

GATEWAYS to  
GOD  
Advanced

Advanced Training  
in Missional Spiritual Direction

With Faculty Presenter  
Dr. Heidi Miller

IN THREE SESSIONS  
FEBRUARY 2019-OCTOBER 2019

Rolling Ridge  
Retreat and Conference Center

## Advanced Missional Spiritual Direction Training

is a one year program with two tracks, each with specific course offerings and practicum. Track I focuses on a spiritual guidance approach within community and/or organizational contexts. Track II focuses on the training in supervision of spiritual directors. You are invited to choose one of the following tracks in which to focus:

### Track I: Missional Spiritual Direction in the Neighborhood of the World

- Spiritual Guidance Presence within the Neighborhood of the World
- Spaces for Spirit within the Neighborhood of the World
- Developing a Missional Spiritual Direction Discernment Model in Context

### Track II: Training in Supervision of Spiritual Directors

- Companioning Emerging Spiritual Directors I
- Companioning Emerging Spiritual Directors II
- Developing a Missional Spiritual Direction Discernment Model in the Context of Supervision

### What to expect:

- A contemplative model of spiritual guidance in action
- Daily worship and experience of Christian spiritual practices
- Time for personal reflection, solitude and study
- Participation in a learning community of peers, lay and clergy
- Group instruction
- Reading and home-based experiential learning in preparation for each retreat
- Written work reflecting your learning and growth as a spiritual director in context
- Participants are expected to be in spiritual direction



### Tuition:

\$1,950 (paid in full) or \$1,000 paid in two installments (Tuition covers training, single accommodations, and meals. Books, travel, and incidentals are not included in the tuition.)

For Commuters:

\$1,460 (paid in full) or \$750 paid in two installments (Tuition covers training and 3 meals per day. Books, travel, and other incidentals are not included in the tuition.)

\$100 non-refundable application fee is due with your application. Participants are responsible for full tuition of the one year program.

Limited scholarships available. Contact Beth Garnaas-Holmes, Gateways Director, for details. United Methodist clergy under appointment are eligible for MEF grants. CEU's available.

### Requirements:

People applying for Track I and II need to have completed a spiritual direction training program. Applicants for Track II also need to have provided spiritual direction for 3-5 years. All applicants should have an active, growing spiritual life; a deep love for all of God's people; ability to embrace diversity; strength in deep, purposeful listening; and the personal time needed for reflection and 3 training retreats.

### Retreat schedule

*(Full participation at all sessions is expected)*

- Tuesday, February 26 to Thursday, Feb. 28, 2019
- Friday, May 24 to Monday, May 27, 2019
- Friday, October 4 to Sunday, October 6, 2019

## How to apply

Please write a 2-3 page essay responding to the application questions for either Track I or II that are on the back of this brochure. These questions are designed to help you discern your sense of call and readiness for advanced training in missional spiritual direction.

Email your application to Beth Garnaas-Holmes at [GatewaystoGod@rollingridge.org](mailto:GatewaystoGod@rollingridge.org). Questions may also be directed to her at this address.

You may pay the non-refundable application fee either online at [www.rollingridge.org](http://www.rollingridge.org) (preferred) or mail a check to Rolling Ridge Retreat and Conference Center, Attn. Gateways to God, 660 Great Pond Road, North Andover, MA 01845. Make checks payable to Rolling Ridge.

Applications are due by January 15, 2019 (or until class fills). Space is limited to 12 for Track I, so early application is encouraged. The next offering of Advanced Gateways is scheduled for 2020.

## Gateways Advanced Staff

### OUR INSTRUCTOR

Through her teaching and ministry, **Dr. Heidi Miller** focuses on bridge-building between academia and the church, the church and the world. A graduate of Goshen College, Eastern Mennonite Seminary, and The Catholic University of America, she served as Assistant Professor of Christian Worship at Perkins School of Theology until 2017 when she became the Director of Neighborhood Seminary at Duke Divinity School. She is licensed minister of the Virginia Mennonite Conference and has served as spiritual director and supervisor for 20 years.



### OUR SMALL GROUP LEADERS

Deadra Ashton, Andrea Bliss-Lerman, and Gayle Kerr

**GATEWAYS DIRECTOR:** Rev. Beth Garnaas-Holmes