




Rolling Ridge
Retreat and Conference Center



insight



Deep Listening Groups for
Those Who Serve in Ministry



Peer Supervision
for Spiritual Directors...
Group Spiritual Direction
as Support for Ministry

In 2019, the Insight program will offer **two different groups** for those who engage in lay or ordained ministries. *Both groups are grounded in contemplative, rooted-in-God listening on behalf of the participants and those they serve.*

The **Supervision Group** is for people who engage with others in spiritual conversations and are seeking supervision for that ministry, whether it occurs in ongoing spiritual direction relationships or in a missional setting.

Anyone committed to compassionate listening on behalf of another and who respects the varied and unique journeys of others is welcome to participate. Time is given to examining our own hearts related to specific spiritual direction or listening ministry conversations. We will also engage in reading and reflection on issues that arise in these ministries. Andrea Bliss-Lerman and Rev. Beth Garnaas-Holmes will guide this group. Limit: 8 participants.

The **Spiritual Direction Group** is for those in ministry who seek God's presence and guidance for themselves as they engage in serving others. Participants will present themselves in situations within their ministry setting. The focus in this group will be to provide *personal spiritual direction for the participant*. Karen Kilty and Rev. Carroll Moore and will guide this group. Limit: 8 participants.

The two groups meet separately on the same day. Sessions include fellowship, centering worship and small group sharing time. We meet most months from 9:45am to 12:15pm on a Monday morning.

If you want to know more, or have questions about which group to sign up for, contact Beth Garnaas-Holmes at gatewaystogod@rollingridge.org. Participants need to have completed a spiritual direction training program or training for lay or ordained ministries and be actively engaged in that ministry.

2019 Schedule:

Mondays: February 11, March 11, April 8, May 13, June 17, September 16, October 21, & November 18

Register on line at www.rollingridge.org or call the office at 978-682-8815

Cost for 8 sessions is \$320, payable in two \$160 installments, due 2/11/19, and 6/17/19)
Your first payment installment secures your place in the group. Registration Deadline: 1/28/19