

AGING WITH SPIRIT

TUESDAY, FEBRUARY 7, 2012 FROM 9:30AM-3:30PM

“A DAY APART”

LED BY KAREN LEWIS FOLEY

Retreat Leader:
Karen Lewis Foley

Karen Lewis Foley, a Unitarian Universalist minister who served congregations in Massachusetts before semi-retiring to Maine, offers spiritual direction/ companionship, retreats, meditation and prayer groups, and congregational pastoral care consultation. She has completed the Shalem Institute programs in spiritual guidance and retreat and group leadership. Her poetry and reflective writings have appeared in newspapers, the journal of Spiritual Directors International, *Sacred Journey*, *The Aurorean*, and several anthologies.

As we age, everything shifts and changes—including our spiritual lives. Some

changes are subtle, some fairly dramatic. We will look at how aging, living the last part of our lives and facing their inevitable end, affects our spiritual lives. What becomes more—and less—important to us? What images of old age do we carry? What do we most deeply want in the last part of our lives, and what might God want for us? What does it mean to seek and find wholeness in the last years of our lives?

Rolling Ridge

† Retreat and Conference Center

660 Great Pond Road, North Andover, MA 01845

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ALL MAJOR CREDIT CARDS ACCEPTED.

Email: thestaff@rollingridge.org

Early Registration: \$53 After 1/31/12: \$60

The Day Apart retreat series includes your gourmet lunch. We suggest an early arrival time of 9am for gathering, pastry, coffee & tea, prior to a 9:30 program start. Please let us know in advance should you have specific dietary needs, or desire to book a massage after your retreat. .5 CEU'S available for Clergy