

Rolling Ridge is a retreat and conference center open to people of all faiths, and to a wide variety of groups who seek a time of rest and reflection, who desire new resources for living, who long for space to listen or to plan and create.

Rolling Ridge sponsors monthly retreats and programs focusing on spiritual formation and hosts many groups for day or overnight events. Private rooms for personal retreats are also available.

The 38 acres of woods, rolling hills and lakefront and the 40 room Georgian estate provide the setting and accommodations for you or your group. Rolling Ridge is a ministry of The New England Conference of The United Methodist Church. The Director, Rev. Larry J. Peacock, and the staff look forward to welcoming you.

Rolling Ridge welcomes individuals and groups for day or overnight meetings and events. Call 978-682-8815
email: thestaff@rollingridge.org

TO GET TO ROLLING RIDGE

From BOSTON

Travel north on Interstate Route 93. Take the exit for Rte. 125. Turn right off exit and follow Rte. 125 to the junction of Rte. 114. Turn left onto Rte. 114. At next traffic light turn right onto Rte. 125. At next traffic light turn right onto Andover Street. Continue on Andover Street to Olde North Andover Center. Go across traffic circle onto Great Pond Road. Unitarian Church will be on your left, Top of the Scales Restaurant on your right. Stay on Great Pond Road past church, go through next intersection and continue straight. At stop sign turn left, this is where Great Pond Road continues. Follow Great Pond Road for approximately 1/2 mile to Rolling Ridge on the left, just past North Andover Country Club.

From THE NORTH SHORE

Travel west on Route 114. In North Andover turn right onto Johnson Street. Continue on Johnson Street to 4th right. Turn right onto Marbleridge Road. Continue on Marbleridge Road which becomes Great Pond Road for approximately 2 miles. Rolling Ridge is on your left.

From RTE 495

Take Exit 43 (Mass Ave). If coming from the South, Go right off the end of the ramp. If coming from the North, go left at the end of the ramp. Go thru 2 sets of lights to the Rotary in Old North Andover Center. Go 3/4 around the Rotary and exit onto Great Pond Road. (Unitarian Church will be on your left, Top of the Scales Restaurant on your right.) Follow on Great Pond Rd. to a stop sign. Turn left, this is where Great Pond Road continues. Follow Great Pond Road for approximately 1/2 mile to Rolling Ridge on the left, just past North Andover Country Club.

UPON ARRIVAL AT ROLLING RIDGE; PLEASE park in the "Guest Parking" and follow the signs to the entrance.

IF ARRIVING UNEXPECTEDLY, please check in at our office to let us know you are visiting.

Thank You!

SPIRITUAL DIRECTION



The spiritual director
is a mid-wife,
assisting at the birth
of another in an
environment of
gracious hospitality.

Margaret Guenther

Rolling Ridge

† Retreat and Conference Center

660 Great Pond Road
N.Andover, MA 01845

978-682-8815

www.rollingridge.org
thestaff@rollingridge.org

SPIRITUAL DIRECTION

At Rolling Ridge, we believe it is helpful to have someone to guide us on our faith journey as we grow closer to God.

A spiritual director or guide is someone called to accompany others in discovering and developing a closer and more meaningful relationship with God. A director helps a person reflect deeply on the experiences of life and notice the touches of the Spirit.

Rev. Larry J. Peacock, Rolling Ridge Executive Director, is a trained spiritual director and a member of Spiritual Director's International. He is available to meet with you or assist you in finding guidance. Call 978-682-8815 for more information or an interview.

Anyone without a soul friend
is a body without a head.

St. Brigit

WHAT IS SPIRITUAL DIRECTION?

Spiritual direction is an on-going relationship between a director and another person focused on helping the person become aware of and respond to the movements of God in the ordinary events of life as well as experiences of prayer. It is less about “directing”; more about encouraging.

Spiritual direction is an ancient ministry from Biblical and early church days, practiced by men and women, clergy and laity of all faith traditions.

WHO NEEDS A DIRECTOR?

Anyone who finds themselves asking:

- How can I feel God's presence?
- How can I know what God wants of me?
- How can I grow closer to God?

Anyone who feels:

- a pull or nudge toward some new vocation or some deeper silence.
- the need for nonjudgmental listening and gentle guidance.
- a sense of longing or yearning for something that lasts, for a taste of the Holy.
- the need to integrate spirituality into daily life.

WHAT HAPPENS IN SPIRITUAL DIRECTION

The director is a reverent listener who creates an atmosphere of acceptance and trust where you can look at life honestly and safely and let God bring guidance, care, challenge, comfort, healing or hope.

HOW WILL IT MAKE A DIFFERENCE IN MY LIFE?

Spiritual direction

- can help you claim your unique gifts and the ways you experience God.
- can bring a sense of focus and purpose in life.
- can increase your awareness of God's love and presence.

HOW OFTEN DOES ONE SEE A DIRECTOR?

Frequency of visits varies, though one hour visits once a month are typical. Many directors do receive donations of \$35—\$100 per session but cost should not hinder anyone from exploring direction. These arrangements are usually negotiated during the first visit.

The relationship is evaluated regularly and can be terminated at any point.